

Inaugural Conference of the ISEO

Scientific Program - July 22, 2026



Time	Larger Hall	Smaller Hall	Poster Area 1	Poster Area 2	Poster Area 3	Poster Area 4	Floor
8:30 AM							
9:00 AM	Opening Remarks (Local & President) Opening Remarks Funders						
9:30 AM	Introduction Speech - Kerry Courneya <i>Hidden Secrets and Insights of the "CHALLENGE" to improve Cancer-Related Survival with exercise</i>						
10:00 AM							Coffee
10:30 AM	Oral Session 1 Topic: Prehab and Perioperative	Oral Session 2 Topic: Remote Training					
11:00 AM							
11:30 AM							Networking Break Lunch & Break
12:00 PM			Poster Session 1.1 (n=21) <i>Innovative Trials</i>	Poster Session 1.2 (n=12) <i>Muscle (Mass), Strength, Function and Body Compos.</i>	Poster Session 1.3 (n=23) <i>Symptommanagement and QoL</i>	Poster Session 1.4 (n=13) <i>Ped Onco/ AYA</i>	
12:30 PM	Thematic Poster Session 1: Mechanism	Thematic Poster Session 2: Implementation		Poster Session 1.5 (n=7) <i>Hematology & advanced cancer</i>		Poster Session 1.6 (n=?) <i>Late breaking</i>	
1:00 PM							
1:30 PM	Invited Talk - Laurien Buffart <i>The impact of exercise on biopsychosocial health and symptom management in cancer patients</i>						
2:00 PM	ISEO - Idea, Goals, Future Kathryn Schmitz and the ISEO Board						Coffee
2:30 PM							
3:00 PM							Networking Break
3:30 PM	Oral Session 3 Topic: Ped and AYA	Oral Session 4 Topic: Exercise and cancer treatment					
4:00 PM							
4:30 PM							Networking Break
5:00 PM	Invited Talk - Robert Newton <i>Exercise is Medicine in Prostate Cancer</i>						
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 AM							
8:00 PM	Conference Dinner Location: Güterbahnhof						

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DKFZ for the NCT Heidelberg





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Time	Larger Hall	Smaller Hall	Poster Area 1	Poster Area 2	Poster Area 3	Poster Area 4	Floor
8:30 AM							
9:00 AM	Opening Day 2 Wiskemann & Steindorf						
9:30 AM	Invited Talk - Marlies Meisel <i>Exercise, Microbiome and the Immune System - New perspectives in Exercise Oncology</i>						
10:00 AM							Coffee
10:30 AM	Oral Session 5 Topic: Breast Cancer	Oral Session 6 Topic: Mechanism					
11:00 AM							
11:30 AM							Networking Break Lunch & Break
12:00 PM			Poster Session 2.1 (n=25) <i>Mechanism</i>	Poster Session 2.2 (n=11) <i>GI & Lung</i>	Poster Session 2.3 (n=29) <i>Implementation</i>	Poster Session 2.4 (n=21) <i>Behavioral Int & PA Behaviour</i>	
12:30 PM	Thematic Poster Session 3: MIXED	Thematic Poster Session 4: Advanced Cancer					
1:00 PM							
1:30 PM	Invited Talk - Helen Croker <i>Observational research in Exercise Oncology: Current Knowledge and Future Perspectives</i>						
2:00 PM			Poster Session 3.1 (n=9) <i>Prostate</i>	Poster Session 3.2 (n=13) <i>Digital & Remote</i>	Poster Session 3.3 (n=13) <i>Individualized Interventions</i>	Poster Session 3.4 (n=24) <i>Breast Cancer & Gyn</i>	Coffee
2:30 PM	ISEO Education 1, Kristin Campbell How to deal with Bone Metastasis	Thematic Poster Session 5: TBA	Poster Session 3.5 (n=12) <i>Prehabilitation</i>	Poster Session 3.6 (n=?) <i>Late breaking</i>			
3:00 PM							Networking Break
3:30 PM	Oral Session 7 Topic: Implementation	Oral Session 8 Topic: Symptommanagement through exercise					
4:00 PM							
4:30 PM							Networking Break
5:00 PM	Invited Talk - Jennifer Ligibel <i>Exercise as Routine Care in Oncology: Turning Vision into Practice</i>						
5:30 PM	Closing Remarks (Wiskemann, Steindorf and Schmitz)						
6:00 PM							
6:30 PM							

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