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## **SweCanMove –The Swedish Network for Exercise and Cancer**

*Wednesday 22 July 2026 12:45 (5 minutes)*

### Tagline:

Connecting Research, Practice, and People in Exercise Oncology

### Background:

Exercise is increasingly recognised as a powerful intervention in cancer prevention, treatment, and survivorship. In Sweden, SweCanMove has been established as an independent network to connect research, clinical practice, and community engagement, aiming to enhance the integration of exercise across cancer care.

### Objectives:

As a national Swedish initiative, SweCanMove aims to coordinate and strengthen research and clinical practice, disseminate evidence-based knowledge, and promote patient engagement in exercise as an integral component of cancer care and rehabilitation.

### Approach:

The network is open to all stakeholders and focuses on four strategic areas: (1) building a national network; (2) promoting knowledge across healthcare and society; (3) integrating exercise into clinical cancer care; and (4) fostering collaborative research.

Key activities include national workshops and seminars, digital communication platforms, guideline implementation, and facilitating partnerships among patients and their families, clinicians, and researchers, recognising the vital role of loved ones in supporting cancer rehabilitation.

### Anticipated Impact:

Within two years, SweCanMove expects to engage over 50 members across various regions and professions, establish thematic and reference groups, and conduct workshops and seminars for patients and their families. The network will support clinical exercise programmes, foster collaborative research, and strengthen partnerships among patients, families, clinicians, and researchers, thereby enhancing the integration of exercise across cancer care and rehabilitation.

### Conclusion:

SweCanMove offers a dynamic, national platform to advance exercise oncology in Sweden, bridging research, practice, patient and family engagement, while aligning with international initiatives such as ISEO.

## **Keywords**

Exercise oncology, cancer rehabilitation, stakeholder engagement, knowledge translation

## **Conflict of Interest & Ethical Approval**

yes

## **Abstract submitters declaration**

yes

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