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Barriers and Facilitators to Implementing Exercise Therapy in Pediatric Oncology in Germany

A Mixed-Methods Study of Patient and Healthcare Professional Perspectives

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Introduction



Background: The Clinical Gap

- Quality-assured oncological exercise therapy (qOET) is widely recognized as a safe and effective supportive intervention.
- **However**, its integration into pediatric oncology care remains inconsistent across Germany.



Study Aim

- To **identify key implementation needs, barriers, and facilitators** from the perspectives of healthcare professionals and patients/legal guardians.
- To inform the sustainable structural integration of qOET into pediatric oncology care.



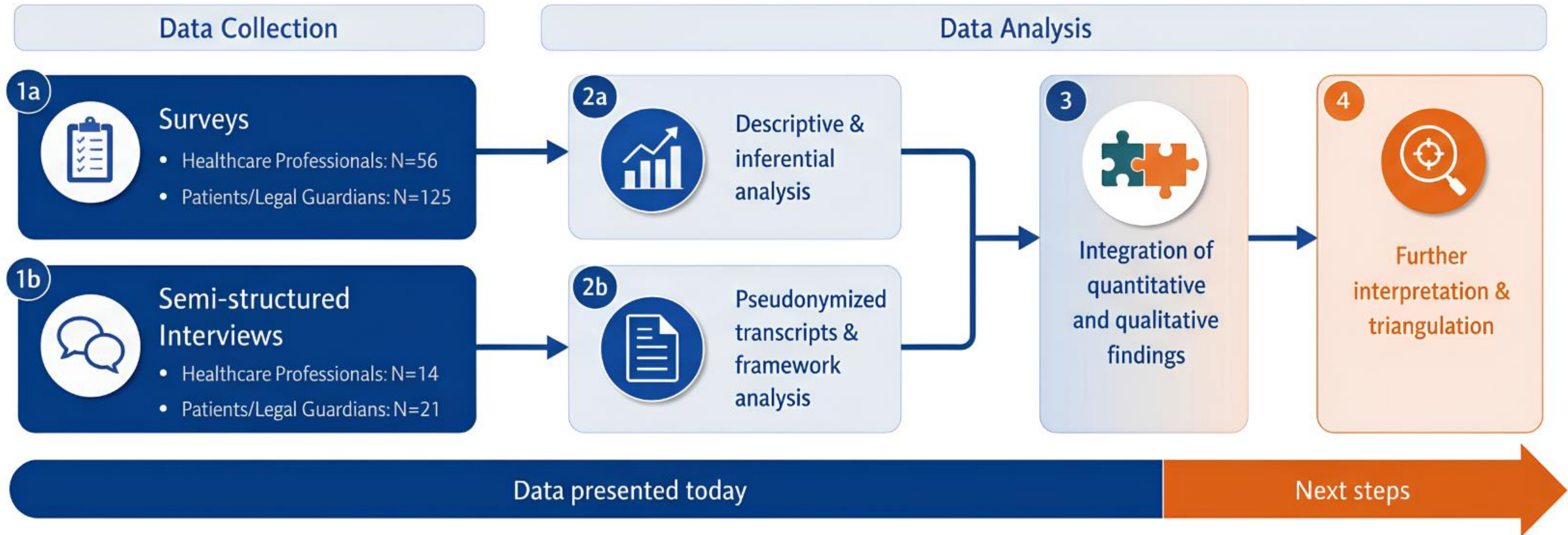
IMPEMENT

Sport- und Bewegungstherapie bei Krebs

= Substudy of the nationwide **IMPEMENT** project
aimed at the sustainable integration of **qOET**

Methods

Mixed-Methods Sequential Explanatory Design



Results / Discussion

Quantitative & qualitative Analysis of Healthcare Professional & Patient Perceptions

