

Session Program

22-23 Jul 2026

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GERMAN
CANCER RESEARCH CENTER
IN THE HELMHOLTZ ASSOCIATION

ISEO - Inaugural Conference July 22nd & 23rd 2026 - organized by DKFZ

Oral Session 5

Heidelberg Congress Center
Czernyring 20 69115 Heidelberg Germany

Thursday 23 July

10:15

Oral Session 5: Breast Cancer (Hall 2)

Session

10:15–10:30

The randomized controlled BENEFIT trial investigating the effects of aerobic or resistance exercise concomitant to neoadjuvant chemotherapy on clinical outcomes in women with breast cancer

Speaker

Martina Schmidt

10:30–10:45

Improving sleep quality of patients with metastatic breast cancer through supervised exercise: results from the PREFERABLE-EFFECT trial

Speaker

Jana Müller

10:45–11:00

Exploring the feasibility of exercise training during (neo)adjuvant chemotherapy in women with early-stage breast cancer: a pilot study examining immune and metabolic outcomes

Speaker

Cristina Crespo García

11:00–11:15

Exercise during chemotherapy for breast cancer: Not just improving patients' functional ability

Speaker

Argyro Papadopetraki

11:15–11:30

Habitual physical activity patterns and longitudinal changes in insulin resistance following breast cancer diagnosis and treatment

Speaker

Richard Viskochil

11:30