

Session Program

22-23 Jul 2026

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GERMAN
CANCER RESEARCH CENTER
IN THE HELMHOLTZ ASSOCIATION

**ISEO - Inaugural Conference July 22nd & 23rd
2026 - organized by DKFZ**

Poster Session 1.3

Heidelberg Congress Center
Czernyring 20 69115 Heidelberg Germany

Wednesday 22 July

12:00

Poster Session 1.3: Symptommanagement and Quality of Life (Posterarea 3)

Poster Session

Impact of Household Income on Physical Activity, Depression Symptoms, Fatigue, Pain and Sleep Quality among Latina/Hispanic Breast Cancer Survivors

Speaker

Anderson Vulczak

Effects of the Multimodal Oncology Rehabilitation Exercise (MORE©) program on cognitive performance, sleep quality, and psychological distress amongst head and neck cancer survivors undergoing chemoradiotherapy (CRT).

Speaker

Ms Hritika Pai

Randomized comparison of supervised exercise for lymphedema and related arm symptoms: SAFE trial exploratory analyses

Speaker

Kira Bloomquist

Influence of Physical Activity Level on the Development of Chemotherapy-Induced Peripheral Neuropathy: Preliminary Data

Speakers

Guilherme Ramos, Vitor Hugo Rodrigues

Week-to-Week Acute Fatigue Response to Exercise During an Outpatient Cancer Rehabilitation Program

Speaker

Hannah Parker

Reducing Symptom Burden Through Physical Exercise in Melanoma Patients Under Immunotherapy or Targeted Therapy: the RESPECT Trial - First Insights Into an Ongoing Trial

Speaker

Miriam Götte

Outcome measures to assess the effectiveness of exercise interventions on chemotherapy-induced peripheral neuropathy (CIPN): a scoping review

Speaker

Trei Lindstrom

Interplay of strategies for surviving cancer: Physiotherapy, Massage, Walking, Ballet, Swimming, Breathing techniques and Psychotherapy

Speaker

Adriana Canedo

Toward Real-Time Understanding of Cancer-Related Fatigue and Physical Activity: A Scoping Review of Ambulatory Assessment Research

Speaker

Dr Corinna Meyer-Schwickerath

Incorporating Remote Monitoring to Support Exercise Adherence in Cancer-Related Fatigue**Speaker**

Nandita Keole

Taking back control' through exercise: a qualitative exploration of treatment-related side effects and physical activity in women during treatment for ovarian cancer**Speaker**

Melanie Plinsinga

YOCAS® Yoga, Symptom Burden, and Symptom Interference with Work and Activities of Daily Living (ADLs) in Cancer Survivors: A Nationwide Multicentered Randomized Controlled Trial (RCT) in the United States**Speaker**

Dr Alisha Chakrabarti

Exercise effects on quality of life and fatigue in patients living with and beyond cancer with low or clinically elevated symptoms of anxiety or depression: A pooled analysis of individual patient data of 30 RCTs**Speaker**

Aniek Bonhof

Protective Neurocognitive Effects of High-intensity Interval Training (HIIT) among Women with Breast Cancer Receiving Chemotherapy: interim analysis results from the CLARITY Trial**Speaker**

Christina Dieli-Conwright

Meeting Physical Activity Recommendations Attenuates Obesity-Related Functional and Quality of Life Impairments in Women with Breast Cancer**Speaker**

Prof. Paola Sanches Cella

Exercise Training Before, During, and After TIL Therapy in Malignant Melanoma**Speaker**

Louise Lehrskov

Beneficial effects of exercise on breast cancer patients undergoing aromatase inhibitors: Scoping Review**Speaker**

Jinyoung Moon

Exercise for bone metastases: Effects on physical function, symptoms, and quality of life - A scoping review**Speakers**

Dr Eisuke Ochi, Takuya Fukushima

Prospective Associations Between Sleep Quality and Patient-Reported Outcomes During Neoadjuvant Treatment for Breast Cancer

Speaker
Carla Malveiro

Structured Respiratory Training Improves Clinical Eligibility for Deep Inspiration Breath Hold in Left-Sided Breast Cancer Radiotherapy

Speaker
Dr Javier Morales

Physical activity and quality of life five years after in-person Alberta Cancer Exercise (ACE) participation.

Speaker
Christopher Sellar

Resistance Training and Psychological Well-Being in People Diagnosed with Cancer: A Feasibility Study

Speaker
Jay Calder

Exercise Interventions for Cancer-Related Fatigue and Related Symptoms in Racialized Women with Cancer: A Systematic Review

Speaker
Danielle Lawrence

The Effects of 12-Weeks of Exercise on Cancer-Related Fatigue Over Time in Cancer Patients

Speaker
Dr Deborah Middleton, Ph.D.

13:15