

Session Program

22-23 Jul 2026

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GERMAN
CANCER RESEARCH CENTER
IN THE HELMHOLTZ ASSOCIATION

ISEO - Inaugural Conference July 22nd & 23rd 2026 - organized by DKFZ

Poster Session 1.4

Heidelberg Congress Center
Czernyring 20 69115 Heidelberg Germany

Wednesday 22 July

12:00

Poster Session 1.4: Behavioral Interventions & Physical Activity Behavior (Posterarea 4)

Poster Session

The feasibility of a multi-phasic, exercise-based intervention utilising behavioural change, dyadic coping and wearable technology in women before and after surgery for early-to-locally advanced breast cancer

Speakers

Mr Edward Stanhope, Dr Ian Lahart

The effectiveness of theory-based, multiple movement behaviour interventions in adults living with and beyond cancer: a systematic review

Speaker

Mr Jian Kun Zhan

Adherence to physical activity recommendations and health-related quality of life in long-term survivors of breast, prostate or colorectal cancer

Speaker

Chunsu Zhu

Demographic, lifestyle, and clinical factors associated with accelerometer-based physical activity in patients with head and neck cancer: a prospective cohort study

Speaker

Dr Caroline Speksnijder

Exercise Activity Patterns Among Patients with Breast Cancer During and After Chemotherapy: A URCC NCORP Nationwide Prospective Longitudinal Cohort Study

Speaker

Lindsey Mattick

Integrating Attitudes, Capability, Self-Regulation, and Habit to Identify Behavioral Profiles in Prostate Cancer Survivors: A Latent Profile Analysis

Speaker

Hui Xiao

Effects of exercise on psychological caseness and psychosocial predictors of responses in people with cancer

Speaker

Dr Hao Luo

Early Intervention Exercise and Nutritional Education Shows Promising Results in Cancer Survivorship in the Life Insurance Industry.

Speaker

Ms Megan Scott

Advancing Communication on Physical Activity for Health: Creation of a Slogan and its Visualization

Speaker

Duc Truong Nguyen

ACTIVATE: A pilot randomized Activity Coaching Trial to Increase Vitality and Energy during post-operative pelvic radiation therapy for endometrial cancer**Speaker**

Dr Melissa Miller

Mental Health Constructs and Tools in Exercise Oncology: A Systematic Review and Meta-Analysis**Speaker**

Prof. Tina Skinner

Perspectives and needs of cancer survivors and stakeholders on the development of a combined lifestyle intervention for cancer survivors: a qualitative study**Speaker**

Nadine Florisson

Physical activity before and after radiotherapy. Reports from older patients with cancer**Speaker**

Dr Marit Slaaen

Exploring the Sense of Coherence (SOC) Across Treatment Stages in Breast Cancer Survivors: A Qualitative Study**Speaker**

Kim Minji

Exercise preferences and barriers in cancer survivors: A cross-sectional study**Speaker**

Dr Konstantinos Kiliarntas

An Exploratory Analysis of 24-Hour Movement Behaviors in Individuals with Cancer Completing a 12-Week Resistance Exercise Intervention**Speaker**

Hannah Parker

Dose-response association of accelerometry-measured physical activity and sedentary time with non-communicable diseases: a systematic review and meta-analysis**Speaker**

Dong Hoon Lee

“I know it will make me feel better”: A qualitative study on physical activity in people with melanoma receiving immunotherapy**Speakers**

Kate Edwards, Sarah Marvin

Baseline Physical Activity in the Canada-wide EXercise for Cancer to Enhance Living Well (EXCEL) study: Understanding Rural/Urban Differences**Speaker**

S. Nicole Culos-Reed

Barriers and Motivators for Physical Activity in Cancer Patients: A Cross-Sectional Study at the university hospital of Freiburg

Speaker

Cécile Weiß

Perceptions of Patients on Lifestyle Habits and Quality of Life During Cancer Treatment

Speaker

Karen Wonders

13:15