

Session Program

22-23 Jul 2026

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GERMAN
CANCER RESEARCH CENTER
IN THE HELMHOLTZ ASSOCIATION

**ISEO - Inaugural Conference July 22nd & 23rd
2026 - organized by DKFZ**

Poster Session 2.2

Heidelberg Congress Center
Czernyring 20 69115 Heidelberg Germany

Thursday 23 July

11:45

Poster Session 2.2: Gastrointestinal / Lung / Hematology / Advanced Cancer (Posterarea 2)

Poster Session

Effects of Early Postoperative Exercise on Body Composition After Gastrectomy: Secondary Analysis of a Randomized Clinical Trial

Speaker

Taeho Lee

Using co-production and the person-based approach to design an inclusive prehabilitation intervention for colorectal cancer patients undergoing surgery

Speaker

Dr Luke Hodgson

A prospective investigation of early-onset colorectal cancer risk factors-pooled analysis of three large-scale European cohorts

Speaker

Kristin Benjaminsen Borch

Postoperative Aerobic and Resistance Exercise Training in Patients with Colorectal Liver Metastases - A Randomized Controlled Trial

Speaker

Christina Yfanti

Expert consensus on physical activity promotion in survivors of locally advanced head and neck cancer in Switzerland: Preliminary results of a Delphi study

Speaker

Martina Schmocker

TEAM Me (Totally Excited about Moving, Mobility & Exercise), An Inpatient Hematopoietic Stem Cell Transplant Mobility Incentive Study

Speaker

Dr Priti Tewari

The CanBenefit programme: developing, evaluating and implementing tailored physical activity and nutrition support as standard care for people with lung cancer

Speakers

Cindy Forbes, on behalf of the CanBenefit team

Sedentary Behavior Is Associated with Impaired Cardiac Parasympathetic Modulation in Patients with Stage III-IV Colorectal Cancer: A Pilot Study

Speaker

Lilian Messias Sampaio Brito

Cardiopulmonary Fitness, Postoperative Complications, and Length of Stay Following Robotic-Assisted Colorectal Cancer Surgery

Speakers

Dr Mia Burleigh, Mr James Saldanha

Physical assessment outcomes in patients with pancreatic cancer: Baseline data from a European multicenter RCT**Speaker**

Lisa Schwab

Effect of postoperative exercise on bowel function in patients with stage 1-3 colorectal cancer: a randomized controlled trial**Speaker**

Bo Yeon Kim

A cross sectional study evaluating physical activity its relationship with functional status and quality of life in newly diagnosed patients with thoracic cancer**Speaker**

Christian Ciurnelli

Histology-specific meta-analysis of physical activity and lung cancer: the modifying role of gender across subtypes**Speaker**

Sungwoo Lee

RETOS: Personalized Community-Based Physical Activity and Behavior Change Intervention in Lung Cancer Survivors Receiving Immunotherapy: A Pilot Study**Speaker**

Paula Jakszyn

Effectiveness of implementing a supervised physical exercise program in the clinical care of patients with lung cancer**Speaker**

Ángel Carrasco Carretero

Yoga for Patients Undergoing Thoracic Radiotherapy and their Family Caregivers: Results of a Randomized Controlled Trial**Speaker**

Dr Kathrin Milbury

Predictors of Adherence in a Personalized Lung Cancer Exercise Trial: Results from the PEP Study**Speaker**

Victoria Bandera

Cardiorespiratory fitness and muscle strength responses to exercise in advanced lung cancer: a systematic review and meta-analysis**Speakers**

Prof. Eisuke Ochi, Dr Takuya Fukushima

Baseline Physical Function Predicts Toxicity Outcomes After Chimeric Antigen Receptor T-Cell Therapy in Non-Hodgkin Lymphoma**Speaker**

Rhodora Fontillas

Clinical Concerns and Functional Changes In Adults With Hematologic Malignancies Undergoing CAR T-cell Therapy**Speaker**

Adeline Farrington

MyeEx-Impact: a randomised controlled trial of bone-targeted exercise for people with multiple myeloma - an overview of study performance**Speaker**

Tina Skinner

Functional Performance Differences Between Patients With Advanced Colorectal Cancer Before Chemotherapy and Age-Matched Older Adults: A Comparative Cross-Sectional Analysis Using Handgrip Strength, Timed Up and Go, and Sit-to-Stand Tests**Speaker**

Mr Fabricio Teixeira Garramona

Physical performance decline during exercise therapy as a potential early indicator of glioblastoma recurrence: Preliminary observations from a prospective exercise trial**Speaker**

Dr Johanna Engl

Resistance training is a safe, feasible and highly beneficial exercise intervention in a breast cancer survivor with liver metastasis, osteopenia and subjected to unilateral mastectomy**Speaker**

Ms Catarina Oliveira

13:00