Session Program

Jul 22 – 23, 2026

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GERMAN
CANCER RESEARCH CENTER
IN THE HELMHOLTZ ASSOCIATION

ISEO – Inaugural Conference July 22nd & 23rd 2026 - organized by DKFZ

Poster Session 2.4

Heidelberg Congress Center
Czernyring 20 69115 Heidelberg Germany

Thu, July 23

11:45 AM

Poster Session 2.4: Breast Cancer / Gynacological Cancer (Posterarea 4)

Poster Session

Improving funcional capacity and strength in breast cancer women and the correlation with mortality

Speaker
Dr Karen Wonders

Effect of 36 weeks of regular resistance training on double product in women with breast cancer

Speaker
Karen Wonders

Does the type of endocrine therapy influence the effect of Mat Pilates on pain, anxiety, and depressive symptoms in breast cancer survivors? A randomized controlled trial

Speakers
Dr Josefina Bertoli, Prof. Cíntia de la Rocha Freitas

Risk-Guided Rehabilitation After Breast Cancer: Development, Validation, and Implementation of the ARM-BCT Tool

Speaker
Ifat klein

Effects of Concurrent Resistance Training on Shoulder Strength and Function in Women with Breast Cancer Undergoing Hypofractionated Radiotherapy

Speaker
Dr EMEL TUGRUL

Recruiting and Retaining Breast Cancer Patients undergoing Neoadjuvant Chemotherapy into a Randomized Controlled Exercise Trial

Speaker
Prof. Pedro Júdice

The effect of physical exercise on the biomarkers BDNF, VEGF, and CRP in chemotherapy-exposed breast cancer patients with cognitive complaints

Speaker
Stefanie Veenhuizen

Anthropometry and body composition outcomes from the PREDICOP trial – a randomized weight control trial among breast cancer survivors

Speakers
Ms Catalina Bonet, Dr Marta Crous-Bou

Immediate changes in fatigue, pain, dizziness, nausea, and mood after supervised exercise in patients with breast cancer receiving neoadjuvant chemotherapy

Speaker
Eva Kjeldsted

Impact of Structured Exercise vs. Brief Counseling on Pain in Breast Cancer Survivors on Aromatase Inhibitors - The PAC-WOMAN Trial

Speaker
Ines Nobre

Effects of Structured Exercise Interventions in Gynecologic Cancer Survivors: A Systematic Review and Meta-analysis of RCT

Speaker
Susanna Jun

Effect of a supervised intermittent exercise program on insomnia in breast cancer patients undergoing chemotherapy

Speaker
Chloé Drozd

Strong Against Fatigue: How Resistance Training Influences Quality of Life in Breast Cancer Patients

Speaker
Jasmin Lange

Patient characteristics related with exercise training response in breast cancer patients undergoing cancer treatment

Speaker
Maximilian Köppel

Associations of Phase Angle with Sleep Quality, Fatigue, and Global Health in Women Newly Diagnosed with Breast Cancer

Speaker
Ana Bernardino

Lifting More Than Weights: Implementing the Strength After Breast Cancer Program across Appalachia

Speaker
Dr McKinzey Dierkes

Treatment-Phase–Tailored Exercise in Breast Cancer: 6-Month Interim Results from a Randomized Controlled Trial

Speaker
Ms Su Jin Yeon

Evaluating Exercise Therapy for Managing Breast Cancer-Related Lymphoedema: A Systematic Review Without a Meta-Analysis (SWiM) of Randomised Controlled Trials

Speaker
Chérien Roux

Short- and Long-Term Effects of Supervised and Home-Based Lifestyle Interventions on Quality of Life and Cardiorespiratory fitness in Breast Cancer Survivors: Results from the MOVIS Trial

Speaker
Ms SeyedehMahboobeh Moosavi

Optimising Recovery After DIEP Flap Breast Reconstruction: Addressing Post-Discharge Exercise and Education Gaps Through Phase-Based Exercise Oncology

Speaker
Dale Ischia

Evaluating Cardiorespiratory Fitness and Functional Outcomes in Women Breast Cancer Survivors: Preliminary Data

Speaker
Aline Gurgel

Perceptions and experiences of coping with breast cancer related lymphedema among breast cancer survivors at a tertiary comprehensive cancer care centre in India

Speaker
Dr Nivedita Prabhu

Delivering a physical activity intervention during breast cancer chemotherapy: recruitment, adherence, and attrition

Speaker
Elizabeth Salerno

The role of Kinesiologist and Adapted Physical Activity as Integrative Medicine in promoting Lifestyle changes in Breast Cancer Survivors

Speakers
Laura Gatti, Laura Bernaroli

1:00 PM