

Session Program

22-23 Jul 2026

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GERMAN
CANCER RESEARCH CENTER
IN THE HELMHOLTZ ASSOCIATION

ISEO - Inaugural Conference July 22nd & 23rd 2026 - organized by DKFZ

Poster Session 3.1

Heidelberg Congress Center
Czernyring 20 69115 Heidelberg Germany

Thursday 23 July

14:00

Poster Session 3.1: Prostate Cancer/ Prehabilitation (Posterarea 1)

Poster Session

Examining the effects of a new training concept during the initial phase of androgen deprivation therapy in men with prostate cancer

Speaker

Simon Oesth

Exercise Prehabilitation to Optimize Functional Capacity in Head and Neck Cancer Patients Planned for Definitive Chemoradiotherapy: The FIT4TREAT Trial

Speaker

Catarina Garcia

Is it possible to run small group-based exercise classes for prostate cancer patients undergoing ADT & RT in Christchurch hospital, New Zealand: A Feasibility study

Speaker

adiella stewart

Effect of exercise on anxiety and depressive symptoms among men with metastatic prostate cancer: results from the INTERVAL-GAP4 randomized controlled trial

Speaker

Erin L. Van Blarigan

Effects of a Home-Based Walking Intervention on Serum Metabolomic Profiles in Men with Prostate Cancer on Active Surveillance

Speaker

Stacey A. Kenfield

Comparing aerobic and resistance exercise emphasis during androgen deprivation and radiation therapy for prostate cancer

Speaker

Dr Kira Murphy

Mind the Gap - Prehab to Rehab in surgical oncology patients.

Speakers

Mrs Rachel Brown, Ms Zoe Price

Home-Based Exercise Training Reduces In Vitro Prostate Cancer Cell Viability: Roles of Adherence, Fitness, and Inflammation

Speaker

Erik Hanson

ProstaGOAL - Feasibility and psychosocial effects of a supervised football intervention in patients with prostate cancer undergoing androgen deprivation therapy

Speaker

Verena Krell

Adherence-dependent longitudinal effects of Nordic Walking on clinical, functional, cardiometabolic outcomes in sedentary men undergoing prostate cancer screening: a real-world prospective study**Speakers**

Dr Franco Giuseppe Giuliano Scrivano, Giovanna Chiorino

Presence of sarcopenia among Black prostate cancer survivors undergoing androgen deprivation therapy**Speaker**

Salvatore Ficarra

Rationales for prehabilitation programs in patients preparing for oncologic surgery: a systematic review**Speaker**

Emine Akdemir

Physical activity and prehabilitation in cancer patients**Speakers**

Mrs Gudrun Protte, Dr Pauline Lödding

Understanding adherence to exercise prehabilitation in patients with bladder cancer: a preliminary analysis from the ENHANCE randomized controlled trial**Speaker**

Maria Lopes

Trimodal prehabilitation during neoadjuvant treatment for resectable non-small cell lung cancer: Preliminary results of a prospective cohort-study.**Speaker**

Laurie Assenbaum

Exercise training during neoadjuvant treatment for gastroesophageal cancer: a randomized controlled trial**Speaker**

Dr Casper Simonsen

The impact of cancer prehabilitation and rehabilitation on one-year survival: The Active Together service evaluation**Speaker**

Kerry Rosenthal

Does a Multidisciplinary Prehabilitation and Rehabilitation Program Improve Anxiety and Depression in Patients Undergoing Colon Cancer Resection? Preliminary Results from the ONCOFIT Randomized Controlled Trial**Speaker**

Sofia Carrilho-Candeias