

Session Program

22-23 Jul 2026

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GERMAN
CANCER RESEARCH CENTER
IN THE HELMHOLTZ ASSOCIATION

ISEO - Inaugural Conference July 22nd & 23rd 2026 - organized by DKFZ

Poster Session 3.2

Heidelberg Congress Center
Czernyring 20 69115 Heidelberg Germany

Thursday 23 July

14:00

Poster Session 3.2: Individualized Interventions / Case Reports (Posterarea 2)

Poster Session

A phase II randomised controlled basket feasibility trial of a personalised, remote-delivered exercise programme on disease-free survival among early-stage, high-risk cancers in Yorkshire: CANFit study in progress

Speakers

Cindy Forbes, on behalf of CANFit study team

Low-Load Blood-Flow Restriction Training - Initial findings and potentials in Exercise Oncology

Speaker

Dr Frieder Krause

The perceptions of a home-based blood flow restriction training program during and after treatment for hepatopancreatobiliary cancer

Speaker

Poorna Anandavadivelan

Effects of high-intensity interval training during or after intravesical therapy for bladder cancer on motivational outcomes: results from a feasibility randomized controlled trial

Speaker

Fernanda Arthuso

Feasibility and Effects of a Supervised Exercise Program in Patients Receiving Active Oncologic Therapies: Data from a Prospective Interventional Study

Speaker

Alice Avancini

Exercise tailored to patients with rare cancers.

Speaker

Dr Marieke ten Tusscher

Pre- and postoperative energy expenditure in major liver resection: what do we ask of a patient?

Speaker

Ms Lis Hoeijmakers

Non-Response to Resistance and Aerobic Training among Cancer Patients and Associated Factors: A Systematic Review

Speaker

Katharina Maria Herzog

Ventilatory and metabolic thresholds in colorectal, breast and prostate cancer patients throughout a 6-month home-based exercise intervention - data from the CRBP-TS-study

Speaker

Ms Mailin Beyer

Effects of Periodized and Non-Periodized Training Interventions on Psychosocial Parameters in Cancer Survivors: A randomized controlled trial**Speaker**

Nikolai Bauer

Efficacy of Individualized Exercise Prescription in Cancer Rehabilitation**Speaker**

Oliver Növermann

Exercise as combination partner for cancer immunotherapy**Speaker**

Sara Fresnillo Saló

Home-based exercise training for medically underserved men undergoing treatment with ADT**Speaker**

Dr Alexander R. Lucas

The effects of a tailored eight-week therapeutic exercise programme on fatigue, physical and mental parameters in breast cancer survivors: Case series**Speaker**

Prof. Evdokia Billis

Applying a 4-Phase Postpartum Runner Rehabilitation Approach to Stress Urinary Incontinence in a Post-Prostatectomy Patient: A Case Report**Speaker**

Dr McKinzy Dierkes

Blood flow restriction training in advanced prostate cancer - a case study**Speaker**

Nadira Gunasekara

Exercise Based Rehabilitation Following CAR-T Therapy: A Case Report**Speaker**

Ilán Taussig

Prehabilitation and Rehabilitation for Three Surgeries - Case Study for Exercise Oncology and Multi-Disciplinary Decision Making Background**Speaker**

Mr Andy Haigh

15:15