

Session Program

22-23 Jul 2026

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GERMAN
CANCER RESEARCH CENTER
IN THE HELMHOLTZ ASSOCIATION

**ISEO - Inaugural Conference July 22nd & 23rd
2026 - organized by DKFZ**

Poster Session 3.3

Heidelberg Congress Center
Czernyring 20 69115 Heidelberg Germany

Thursday 23 July

14:00

Poster Session 3.3: Digital & Remote Interventions / Implementation (Posterarea 3)

Poster Session

Barriers and facilitators towards exercise in patients undergoing chemotherapy: a systematic review

Speaker

Astrid Torrekens

Inclusion in Cancer Prehabilitation: Qualitative Research to Explore Access, Acceptance, and Adherence to Cancer Prehabilitation

Speaker

Alexandra Mitchell

Prehabilitation in Practice: Barriers and Facilitators to Engagement in the Cancer Treatment Outcomes Programme - Preliminary Results

Speaker

Katie Di Sebastiano

Evaluating the Feasibility of Online Education for Cancer Care Workers to Facilitate Inclusive Prehabilitation (I-Prehab)

Speaker

Alexandra Mitchell

Feasibility of Live Remote Exercise for Adults with Advanced Cancer and Cachexia: Results from the ACE Trial

Speakers

Dr Kelcey A. Bland, Eva M. Zopf

Exploring optimal social dynamics during live-remote exercise following cancer treatment: An international concept mapping study

Speaker

Ms Esther de Jongh

Feasibility and preliminary efficacy of online group and individual yoga for depression and anxiety in women with breast or gynecological cancer: a comparative mixed-methods study

Speaker

Maria Gonzalez

Digital Health Resources promoting Physical Activity among People Living with and beyond Cancer: an Environmental Scan

Speaker

Michael O'Brien

Preliminary Results of a Pragmatic Randomized Controlled Trial Testing a Cancer-Specific Exercise Mobile App in Breast Cancer Survivors

Speaker

Myriam Filion

Compliance to a virtually supervised aerobic and resistance exercise program among Latina/Hispanic breast cancer survivors: The ROSA Trial**Speaker**

Rebekah Wilson

Digital cancer prehabilitation to improve physical fitness: a scoping review and concept analysis**Speaker**

Tycho Zuijlen

Individualized App-based Exercise Therapy for Cancer Patients: Assessing Patient Adherence and Comprehensive Physical Assessments**Speaker**

Ms Kira Enders

UPMC Moving Through Cancer: A Telehealth Exercise Program for Older Adults Receiving Active Infusion Therapy**Speaker**

Melanie Potiaumpai

A feasibility of a Digital Therapeutics for Improving Bowel Symptoms in Rectal Cancer Patients: a single-center, single-arm feasibility study**Speaker**

Ms Hye Yeon Kim

A 12-Week Remote Exercise Intervention for Older Adults With Cancer and Functional Impairment**Speaker**

Cristiane Bergerot

Preliminary Patterns of Adherence to Remote Exercise During Neoadjuvant Chemotherapy: Insights from the NeoACT Trial**Speaker**

Lea Stark

A tailored, side effect-targeted, yoga-based intervention for cancer survivors: development and implementation within the PREFERABLE-II LION Multinational Randomized Controlled Trial (RCT)**Speaker**

Patricia Bickle

Healthcare professionals' perspectives on delivering exercise during chemotherapy infusion: Insights from the EX-FUSION Trial**Speakers**

Catherine Seet-Lee, Kate Edwards

From Optional to Essential: Embedding Exercise Medicine into Routine Cancer Care in a Real-World Setting**Speaker**

Ms Lauren Whiting

Delivering Impact in Practice: Real-World Insights from the 'Active Together' Multi-Modal Cancer Prehabilitation and Rehabilitation Service**Speaker**

Anna Myers

Nineteen Years of Impact: A Community-Based Non-Profit Providing Free Exercise Support for Individuals Affected by Cancer**Speaker**

Ms Debra Hughes

Making physical activity standard care in cancer - a strategic approach**Speaker**

Mrs Sarah Dewhurst

PRIME OncoADHERENCE: Real-World Exercise Oncology Data Reveal Distinct Adherence Patterns Across Tumor Types**Speaker**

Mattia Pirani

Feasibility Trial Protocol Evaluating Workforce Models for Delivering Supervised RT-HIIT During Chemotherapy in Regional Cancer Centres**Speaker**

Dr Jack Cannon

15:15